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www.NorthKawartha.ca

# 2024 Spring and Summer Sports Program Information Flyer

Enroll now by completing a registration form online or in-person at the North Kawartha Community Centre.

There will also be two in-person registration nights at the NKCC

Wednesday, April 3 and Wednesday, April 17 from 5:00 to 8:00 pm.

At the NKCC we accept cash, debit, or cheque made payable to: The Township of North Kawartha

# Basketball (NEW)

U11 ages 8 to 10 (6:00-7:00 pm) | U14 ages 11 to 13 (7:00-8:00 pm) | U18 ages 14 to 17 (8:00-9:00 pm)

Monday evenings at the NKCC from May 6 to June 17

Registration deadline: Wednesday, April 17

Equipment required: Running shoes

### Lacrosse

U9 ages 8 & under (6:00-7:00 pm) | U15 ages 9 to 14 (7:00-8:00 pm)

Tuesday evenings at the NKCC from May 7 to June 18

Registration deadline: Wednesday, April 17

Equipment required: Hockey/lacrosse cage helmet, shorts, jock/jill, shoulder pads, elbow pads, running shoes, hockey/lacrosse gloves. Lacrosse sticks available for league use.

# **Ball Hockey**

U8 ages 7 & under (5:30-6:00 pm) | U12 ages 8 to 11 (6:00-7:00 pm)

U15 ages 12 to 14 (7:00-8:00 pm) | U18 ages 15 to 17 (8:00-9:00 pm)

Wednesday evenings at the NKCC from May 8 to June 19

Registration deadline: Wednesday, April 17

Equipment required: Running shoes, hockey gloves, hockey stick, hockey cage helmet

# **Youth Softball**

T-Ball ages 6 & under (Thursdays 6:00-6:45 pm) | U10 ages 7 to 9 (Tuesdays 6:00-6:45 pm)

U14 ages 10 to 13 (Tuesdays 7:00-8:30 pm) | U18 ages 14 to 17 (Thursdays 7:00-8:30 pm)

Tuesday or Thursday evenings at the Lion's Park or Apsley Public School from July 2 to August 15

Registration deadline: Friday, June 14

Equipment required: Running shoes, baseball glove, baseball hat

## Soccer

U7 ages 3 to 6 (6:00-7:00 pm) | U11 ages 7 to 10 (7:00-8:00 pm)

U15 ages 11 to 14 (6:00-7:00 pm) | U18 ages 15 to 17 (7:00-8:00 pm)

Thursday evenings at the Lion's Park from May 9 to June 20

Registration deadline: Wednesday, April 17

Equipment required: Running shoes, shin pads are recommended

#### Swim

Ages 3 to 18 (approximately)

Session 1: Weekdays from July 9 to July 26 at Chandos Beach and Quarry Bay Beach

Session 2: Weekdays from July 30 to August 16 at Chandos Beach and Jack Lake

Registration deadline Session 1: Monday, July 8 at Chandos Beach and Quarry Bay Beach

Registration deadline Session 2: Monday, July 29 at Chandos Beach and Jack Lake

Equipment required: Bathing suit, towel, sunscreen, water shoes are recommended

# Volunteers are needed for all Youth Sports Programs

It's important to emphasize that these programs depend on volunteers. You don't have to be a parent, guardian, or an expert in sports. What matters most is your willingness to assist, and ensure everyone enjoys themselves. If you can help with any of the programs listed above, please contact Jim Elder at 705-656-4445 ext 251 or email at j.elder@northkawartha.ca.